## CLIENTS LIFESTYLE INFORMATION

To be filled out by Skin Therapist



Client Name:			C	Client Number:		
How would you	ı describe volur	lifestyle?				
How would you describe your lifestyle?  Explain your diet						
What is your daily water in-take?						
Do you drink alcohol? Drinks per week?						
Are you a smoker? Average per day?						
Explain your current skin care routine.						
Would you be ok with 3-7 days of downtime, which may include peeling skin?						
What would you like to achieve today? in two months?  How do you perceive your skin?						
If you could change one thing about your skin what would it be?						
you oould only		about your skirt vv	That Would It D	<i>e:</i>		
SKIN ANALYS	IS					
Skin Type:	Normal	○ Combination	n 🔾 Acne	○ Dry	O Very Dry	
Skin Texture:	○ Fine	○ Medium	○ Thick	O Very thick		
Age Grade:	O 0	<b>1</b>	<b>Q</b> 2	Оз	<b>4</b>	<b>0</b> 5
Acne Grade:	O 0	<b>1</b>	<b>Q</b> 2	Оз	<b>Q</b> 4	
Fitzpatrick:	$\bigcirc$ I	$\bigcirc$ II		$\bigcirc$ IV	$\bigcirc$ $\vee$	○ VI
Pigmentation:	○P.I.H.	○ Melasma	Sun Dam	nage Area(:	s)	
Rosacea:	None	Nose	○ Cheeks	○ Chin	Forehead	Face
Broken Capillari	es: None	Nose	Cheeks	○ Chin	Forehead	Face
Would you be interested in discussing a plan for addressing						
	×	and		?	į.	*
Course/Treatment recommended:						
Patch test:	Yes	○ No				_ /
	V 100	<b>V140</b>				
					" have a management	
		ion is accurate, and hotos (my identity w			tify this clinic imm	ediately.
Clients signature:					Date:	
Print Name:						
Skin Therapist si	anature:				Date:	
Print Name:					Dato.	